

Sports Medicine and the Foot and Ankle Surgeon



Because sports medicine entails the diagnosis and treatment of diseases and disorders that pertain to physical fitness, as well as to the prevention and treatment of sports and exercise-related injuries, foot and ankle surgeons often find themselves in situations in which they are called on to practice sports medicine. Like most refined areas of study within the realm of medicine and surgery, sports medicine has evolved to encompass a great amount of specialized knowledge and expertise. Skilled practitioners of sports medicine understand the particular needs and desires of their patients, which can range from world-class athletes to the weekend warrior. The sports medicine realm includes physicians and surgeons, physical therapists, athletic trainers, and others. They regularly manage issues related to overuse, common injuries associated with specific athletic events, and specialized methods of rehabilitation. In this issue of the Journal, we present Part 1 of an assortment of articles focusing on sports medicine. Moreover, in an upcoming issue, we will continue this focus with publication of an additional collection of articles (Part 2). We hope that our readers will find these articles interesting and useful.

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The Journal of Foot & Ankle Surgery®